

# PRODUCT DATA SHEET

## MAGNESIUM CITRATE

### DESCRIPTION

Dietary Supplement

### Magnesium Citrate

#### Supplement Facts

Serving Size: One Capsule Servings Per Container: 90

Each Capsule Contains:		% DV
Magnesium (as Magnesium Citrate)	140 mg.	35%

Daily Value (DV)

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,† Silicon Dioxide.†

†A hypoallergenic ingredient used to fill space.

### M234 / 90 Vegetarian Capsules

### EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose; palmitic acid; or magnesium, calcium or vegetable stearates.

### HOW SUPPLIED

Magnesium Citrate is supplied in bottles of 90 two-piece vegetarian capsules. Packed 12 bottles per case.

### CONTRAINDICATIONS AND WARNINGS

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

### INTERACTIONS

No known adverse interactions at publication date.

### PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

### DOSAGE

Adult patients: 1-3 capsules three times daily, or as otherwise directed by a health-care practitioner.

### STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

### MANUFACTURED BY

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they are raising their standards  
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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